

THE BEAUTY AUTHORITY

# NEW BEAU

**OUR BIG AWARDS ISSUE!**

**THE 50 BEST**

**ANTI-AGING SECRETS**

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**NEW DISCOVERY! EXPERTS REVEAL 60 MINUTES TO A BETTER BODY AND A**



**KNOW BEFORE YOU GO**

Laucala is only accessible by private plane; most guests arrive through Fiji's Nadi International Airport and take the resort's private jet.



**TREATMENT TO TRY**

Almost everything—the vegetables, fruit and even the livestock—is from the island. Don't skip a treatment that uses the fresh coconut milk.



**INSIDER TIP**

Guests can create their own essential oils in the island's distillery with pickings from the spa garden.

## PRIVATE ISLAND



### FIJI LAUCALA

It's sort of difficult not to exude "exotic" on the Fijian Islands, but the idyllic setting on the South Pacific island of Laucala somehow manages to set a new standard, even among the most discerning of spa-goers. With only 25 overwater villas set on 3,200 acres of land, the private island is remote, intimate and exclusive. But perhaps the most impressive attribute of the island is its spa, a special place that prides itself on signature rituals and fresh ingredients from the on-site spa garden. [laucala.com](http://laucala.com)

#### WOW FACTOR

Forget pre-packed amenities: The spa kitchen makes a range of scrubs, soaps, shampoos and lotions that are prepared daily according to age-old recipes for each guest's personal use throughout their stay. Serious spa-goers take one of the soap and lotion-making classes where they blend customized scents (there's a bar of tropical herbs and spices such as vanilla, cocoa, lemongrass, cinnamon and ylang-ylang) to create their own products to take home. **111**



**NEWBEAUTY** THE BEST  
WINNER BODY OIL  
AWARD

Find out more about what makes this must-have an award winner at [newbeauty.com](http://newbeauty.com).

#### THE HYDRATING ELIXIR

Mega-moisturizers like cold-pressed virgin coconut oil and nut extracts deliver powerful hydration in Pure Fiji's Nourishing Exotic Oil, which can be used in the bath, a massage or as a hair, scalp or daily body treatment. **\$36**, [purefiji.com](http://purefiji.com)